

Therapeutic Recreation Network Meeting

Thursday, March 11, 2010

at South Suburban – Buck Recreation Center

9:00am

- I Welcome and Introductions:** Carey Overstreet and Megan Schoenbein- South Suburban, Bryan Wood- National Sports Center for the Disabled, Rachel Wysuph- City of Wheatridge, Aspen DeField and Kelly Stevenson- Denver Parks and Recreation, Jean Langel- Fort Logan, Dana Larson, Katharine Glines, Paul Macias- Metro State, Amber Gerber- City of Parker
- II CTRS Update:**
- Change has been made on the CTRS Board Megan Schoenbein will take the secretary position in place of Aspen DeField.
 - Next Grand Rounds Session is coming up on March 18th 1:00-3:15 pm Presented by: Linda Heesch Brain Injury Association of Colorado **“Leisure and Social Opportunities for Individuals with Brain Injuries”**.2 ceu’s pending
4200 West Conejos Place # 524 Denver, CO 80204 **Phone:** 303-355-9969
 - Spring Workshop in the works and coming up Friday April 23rd at Green Valley Ranch Recreation Center from 8:00-3:00pm. Speakers will cover topics on effective networking and collaboration with other programs, learning to balance professional life and personal life, and interactive adaptive yoga so wear something comfortable! This will be worth .5 ceu’s.
- III Agency Updates:**
- NSCD:** They are running a new survey for group leaders by phone on how to best to run programs. They received funding to allow them to run 4 day camps this summer. They are getting ready for spring programming including rock climbing and canoeing. Give them a call about up coming summer programs. Also, they are in the process of writing a grant for a mobile adapted climbing wall.
 - **City of Wheatridge:** Programs are going well. They are trying to get a new parent-tot class going to start in Sept. They are having a lot of success with their one to one swim lesson program so much so that they will be opening a part time position to help with the increased demand. The position would be for a few hours twice a week.
 - **Denver Parks and Recreation:** This summer they are running a climbing and ropes course program on Mondays starting in July. They had a very successful fundraiser raising 15,000 that will go toward charter buses for their ski program, and uniforms and scholarships. They have a new making music class that will be lead by volunteers who specialize in vocals and modern dance. They will put on a performance at the end of the class and are looking for an auditorium so let them know if you have any ideas! Fri they had a St. Patrick’s Social with arts and crafts, dinner, Irish step dancers and of course leprechauns. They have two

interns right now Candy is working on implementing Ai Chi in the water as here special project and Cara who is working on a project called Exploring the arts which they explore the different mediums of art at the end of the class they will hold a special event in Washington Park for all the participants to display the art they created on April 9th. Everyone is very busy trying to keep programs running after staff cuts and layoffs.

-Fort Logan: Fort Logan is looking for programs that they can introduce the there clients to help get them out into the community to help spread awareness and inclusion for people with Mental health. Trying to work with recent cuts and layoffs also☺

- **Metro State:** They are hosting a rummage sale on the Auraria Campus on April 5th they are looking to collect any items that would be of use to college students. If you have anything that you would like to donate contact Katharine Glines at 719-661-3589. The money will go to the Rec Society to be used for activities and CPRA scholarships.

Parker: New Program! They completed there Community Block Grant and will start running programs in May including an: adult dance, grandparents dance, an art event, and family fun fest. They are in the process of creating assessment forms and participant info sheets.

South Suburban: Applying for the Journey of Hope grant to help fund equipment and program supplies. We are having a lot of success with monthly dances averaging 100 people.

IV **Cooperative programming:**

-Most programs showed interest in coming together to have a Talent showcase each program brings participants for a big cooperative talent show, Fort Logan has an Auditorium that we could possibly use.

-Adaptive Tryathlon at City of Wheatridge Sunday April 25th 8am-12pm each city will get a heat for there group and can some at that time to start. For more details call Rachel 303-231-1342.

V Next Meeting at Denver Parks and Rec on April 8th.