

# Colorado Association of Senior Centers

## *Enhancing Senior Lifestyles*



CASC is a professional organization operated by and for senior service professionals.

CASC is an interest section of the Colorado Parks & Recreation Association

### **Mission:**

The Colorado Association of Senior Centers is a statewide membership organization that is a leader providing education and information to strengthen the ability of professionals to serve older adults in the community.

The role of Colorado Senior Centers is as diverse as the people they serve. Just as Community Centers offer education, recreation, social and community services, Senior Centers provide similar services that are geared towards the interests and needs of adults age 55 and better. Senior Centers are gathering places for active adults who are seeking a place for planned activities, programs and friendship. Services available at Senior Centers may include: educational activities, meal sites, financial, legal, housing and elder care reference and referral assistance, recreation programs, day and overnight travel, day care service for frail elderly, competitive sports, outdoor adventures, transportation services for necessary appointments, health and fitness classes, special events, and wellness services.

### **CASC Purpose:**

- To share information concerning past, current and future concepts in the senior field.
- To promote professional standards for senior center personnel and programs.
- To encourage the development of a statewide network of senior center professionals.
- To conduct workshops and conferences that promote professional standards, provide information relative to current and future issues, provide an opportunity for professionals to network and promote the needs of older adults.
- To develop relationships with other organizations and governmental units that facilitate cooperation and coordination in carrying out objectives and programs related to the needs of and opportunities for older adults.

### **Student Opportunities:**

- CASC invite students in the field of recreation and other fields of interest to complete Practicum or Internships at a Senior Center. Call CPRA at 303 321-0943 for CASC contacts.